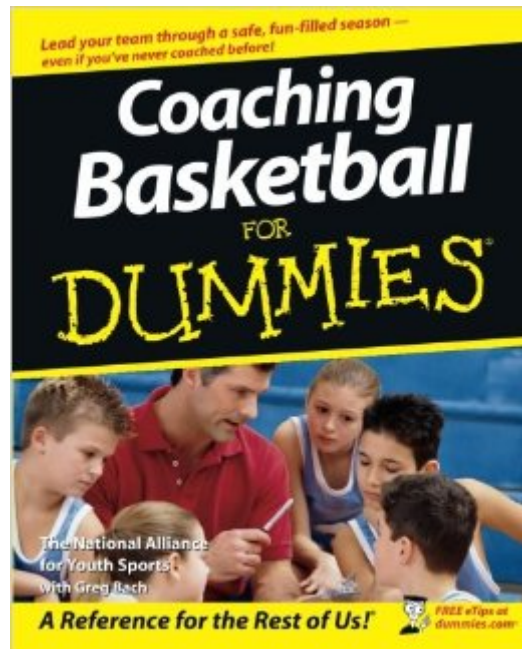


The book was found

Coaching Basketball For Dummies



Synopsis

So you're thinking about volunteering to coach youth basketball? Great! You're in for a fun, rewarding experience. Whether you're new to the sport and looking for some guidance or you're a seasoned coach hunting for some fresh tips, *Coaching Basketball For Dummies* will help you command the court with confidence. Each friendly chapter is packed with expert advice on teaching the basics of basketball—from dribbling and shooting to rebounding and defending—and guiding your kids to a fun-filled, stress-free season. You get a crash course in the rules and regulations of the game, as well as clear explanations of what all those lines, circles, and half-circle markings mean on the court. You'll assign team positions, run great practices, and work with both beginning and intermediate players of different age groups. You'll also see how to ramp up your players' skills and lead your team effectively during a game. This book will also help you discover how to:

- Develop your coaching philosophy
- Understand your league's rules
- Conduct a preseason parents' meeting—crucial for opening the lines of communication
- Teach offensive and defensive strategies
- Keep your kids healthy and injury-free
- Encourage good sportsmanship
- Make critical half-time adjustments during a game
- Help struggling players
- Address discipline problems and handle difficult parents
- Coach an All-Star or Travel team

Complete with numerous offensive and defensive drills and tips for helping your kids relax before a game, *Coaching Basketball For Dummies* is the fun and easy way to get the score on this worthwhile endeavor!

Book Information

Paperback: 384 pages

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Average Customer Review: 4.4 out of 5 stars— See all reviews (18 customer reviews)

Best Sellers Rank: #93,707 in Books (See Top 100 in Books) #9 in Books > Sports & Outdoors > Coaching > Children's Sports #25 in Books > Sports & Outdoors > Basketball > Coaching

Customer Reviews

I have been coaching younger children for 4 years, and I wanted to get some new drills that I could use during practices. This book has a really good outline of offense, defense, rebounding and

practice drills. There are also some very good points at the beginning of the book on how to deal with parents and other coaches, etc... Overall this book is very good to design a practice plan for coaches who are either new to coaching basketball, or are looking for additional or different drills to run.

I don't know much about basketball...actually I didn't know anything... but both of my kids love the game and I got tired of watching them play without having the slightest idea what they were doing. Now I know quite a bit more about the rules and strategies of youth basketball, a bit more about what the coaches are trying to do, and what the people around me are talking about when they grumble about the referee's calls. The book also provided good guidance when I installed a hoop for the kids and when they wanted me to mark out a court on the driveway. Maybe next year I'll even be willing to help as a temporary junior assistant substitute coach.

Lots of great tips and ideas for how to be the best kids basketball coach. From the very beginning of getting the job and contacting the parents to how to run a practice. The most important piece of info in it though is the emphasis on not having kids standing in lines in practice. So many youth coaches waste their time and the kid's time by not having efficient and challenging practices that ensure the kids IMPROVE their skills. Read this book to help ensure that you're the coach that makes a positive impact on your young players.

This book is very insightful if you are a beginning coach. It walks you through just about every step that you need to take as a coach. It discusses practice, parent interaction, offense, defense, pep talks, and much more. Like I mentioned if you are a beginning coach this book will be great. If you have been a coach for more than a couple of years you probably won't learn much from this book. This book covers the very basics, and will not teach you anything new if you have a couple years experience.

I did quite a bit of research on the different books available before buying this book, I found it incredibly valuable when I was "volunteered" to coach my daughter's basketball team. Very comprehensive, great descriptions and figures. It is organized perfectly, giving you the basic must-have information first (what you will need at your first practice), then adds layers of complexity which you can use for subsequent practices.

Great information, Good Quality. This book definitely has good information for the beginner. Good for sharing to young kids. This book is well written with diagrams.

First time coach needing assistance and I found this book very informative. I now feel better about coaching. I feel I will be referring back to the book several times during the season.

Great for those looking to learn the basics about coaching basketball. Very easy to read tips and drills and the price was great compared to what book stores were offering!

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